

Operation of an undescended testis (cryptorchidism)

Post-surgical information sheet

The wound

The groin wound was closed with a self-dissolving thread and fixed with Steri-Strip plaster. Therefore, suture removal is not necessary. The wound on the scrotum was also sutured with self-dissolving sutures and protected with spray plasters. If the wound is contaminated with feces, rinse with shower spray and dry. After surgery, bluish discoloration and thickening of the skin in the wound area and/or scrotum may appear. This swelling will disappear as the surgery progresses. After 3 days, it is possible to shower the child, while full bathing is allowed only after the wound has healed. This usually occurs about 1 week after surgery.

Pain after surgery

In addition to general anesthesia, local anesthesia is usually administered so that the child is protected from pain for a few hours after surgery. If your child becomes restless or complains of pain in the area of the surgery, you can give him or her the prescribed pain medication as directed by the attending physician.

Eating after surgery

In the evening after surgery, the child should eat only a light meal, such as mashed potatoes, pasta or yogurt. Avoid fatty or flatulent foods.

Physical activity after surgery

Sports activities (soccer, cycling, school gymnastics, etc.) are generally not allowed until three to four weeks after surgery. However, the attending physician may prescribe a longer or shorter break from sports activity, depending on the situation during surgery. As a rule, the child should stay home and play quiet games for the first three days. For younger children, activities in which they sit astride (toy car, rocking horse...) are generally prohibited.

When is it necessary to call a doctor?

- In case of persistent fever above 38° C (measured in the mouth, rectum or ear). In case of redness or increased pain in the wound area.
- In these cases, it is necessary to go to the pediatrician with the child.
- If the pediatrician cannot be reached, go immediately to the emergency room at UKBB.
- Three to five days after surgery, the pediatrician should make an initial check of the wound.
- About six weeks after surgery, the pediatrician should make a second checkup to evaluate the scrotal scar.

If you are concerned or have problems for any reason, you can always contact us by phone: +41 61 704 12 12.