

Wound care and guidance following foreskin removal (circumcision)

Wound care

The wound was closed with a self-dissolving thread. Removal of the thread is therefore not necessary; the knots fall off on their own over the course of four to six weeks. In the case of a film dressing, apply the cream only after the film has fallen off. Apply the prescribed cream after each urination, but at least three times a day. To do this, apply Bepanthen® cream generously (!) to a Kleenex cloth and place it around the glans. This will prevent it from sticking to your underpants or diaper. After the operation, there may be swelling and bluish discoloration of the penis, which usually disappears after two weeks (sometimes more). If strong adhesions between the glans and the foreskin had to be loosened during the operation, a greasy coating often follows, but this is kept supple with Bepanthen® cream and disappears after a few days. On the second day after surgery, start chamomile tea baths twice a day. These baths accelerate wound healing and provide good disinfection. Alternatively, you can use pH neutral soap. It is important that there are no perfume or other additives. Please also make sure that the water temperature is not too warm.

Post-op pain and tenderness

In addition to the general anesthesia, a local anesthetic is usually administered so that your child remains pain-free for several hours after the operation. A slight burning sensation when urinating is possible the first few times. Let your child drink a lot, then the urine is diluted and burns less. If your child becomes restless or complains of pain in the wound area, you may give the prescribed painkiller as prescribed by the doctor in charge.

Food after the operation

On the evening of the day of the operation, your child should only have a light meal, such as mashed potato, pasta or yoghurt. Please avoid fatty or gassy foods.

Physical activity after the operation

Sports activities (football, cycling, school gymnastics etc.) should generally be avoided for two weeks after the operation. For the first two or three days after surgery your child should – if practical – stay as quiet as possible at home and lie down a lot, especially if there is swelling.

When to seek medical attention

- In case of dripping or spurting bleeding from the wound; apply pressure bandage!
- In case of sudden severe swelling on the penis. In these cases, please come immediately to the emergency ward of the UKBB.
- A first wound check should take place three to five days after the operation with the pediatrician. If you are worried or have any problems for any reason, you can contact the UKBB at any time on +41 61 704 12 12.