

Patient information

Administering oral cytostatics

We have shown you how to administer oral cytostatics.
Here is a summary of the most important points.

What are oral cytostatics?

Cytostatics are medication that damage or destroy tumour cells or leukaemia cells. However, they can also destroy healthy cells so it is important to handle them safely. Some cytostatics are administered in hospital as an infusion, others can be swallowed. Oral cytostatics are normally manufactured as tablets. Some are also available as liquids.

How can I protect myself?



Wear gloves

How do I store cytostatics safely?



Out of the reach of children



Not with food



In a separate box

How do I prepare the cytostatic?



With gloves



On a clean surface



Shake the suspension well



Not near food



Do not grind

Can I split cytostatics?

Only after discussion with the treatment team



In a plastic bag with a tablet splitter, gloves and mouth protection

How do I give my child the cytostatic?

Do not let them eat or drink for 1 hour before and after taking it
Rinse down with half a glass of water

4 pm



Only water allowed

5 pm



6 pm



Only water allowed



With gloves or



Swallow directly from the medication cup



Then wash your hands

How do I dispose of used material?



In a knotted plastic bag with the household rubbish

What should I do if cytostatics end up in the surroundings?



Wipe up with moist kitchen towel while wearing gloves



Dispose of in a knotted plastic bag with the household rubbish



Then wash your hands

What do I do if the cytostatic comes into contact with the skin or eyes?

Wash your hands immediately with cold water and soap.

In the event of contact with the eyes, rinse them with lots of water and contact an eye specialist

What do I do with any remaining cytostatics and empty containers?

Return any remaining cytostatics and empty containers to the pharmacy or hospital



Do not dispose of in the household rubbish

What do I do if my child is sick after the cytostatic?

Clean up the sick with moist kitchen towel while wearing gloves and dispose of in a closed plastic bag in the household rubbish.

Then please contact the haematological-oncological polyclinic or Station C.

What do I do if forget to administer a dose?

Please contact the haematological-oncological polyclinic or Station C.

Do you still have questions?

Please contact us directly at any time if you have any questions or give us a call.

Haematological-oncological polyclinic: T +41 61 704 12 40 (8 am - 12 pm and 2 pm - 5 pm)

Station C: T +41 61 704 17 62 (any time)

Your notes
